

CARE OF THE MOUTH FOR IMPLANT SURGERY

- **DO NOT brush area of Implant site. You may brush surrounding areas.**
- **Avoid eating any foods containing little seeds like strawberries.**
- **Immediately after surgery, you may experience some discomfort and notice some swelling.**
- **To reduce swelling, place ice packs on your face, off and on every 20 min. For 24 hours. Then begin applying warm heat.**
- **Reduce strenuous activity for 24 hours. Including lifting and bending over.**
- **Drink plenty of fluids and maintain a liquid and/or soft food diet for a few days.**
- **Avoid sucking through a straw, alcoholic beverages and hot liquids for 48 hours.**
- **DO NOT use a water pick or electric toothbrush until otherwise instructed.**
- **Starting the day following surgery, gently rinse mouth with Peridex at least 2 times a day. Rinse mouth with warm salt water (½ tsp. in a glass of water) at least 7 times a day until otherwise instructed.**
- **Depending on your situation, medication may be prescribed to help control pain and infection.**
- **If you can take Ibuprofen, take 800mg every 8 hours (that is four over the counter tablets). It is safe to take with the pain medication prescribed by the doctor. DO NOT take additional Tylenol.**

IF YOU HAVE PROLONGED OR SEVERE PAIN, SWELLING, BLEEDING OR FEVER, CALL OUR OFFICE.

IT IS IMPORTANT THAT YOU TAKE THE PAIN MEDICATION PRESCRIBED FOR AT LEAST THE 1ST 24-48 HOURS. PLEASE TAKE THE ANTIBIOTICS PRESCRIBED AS DIRECTED.

DURING REGULAR HOURS, CALL THE OFFICE AT (480) 659-9820